



Taupo-nui-a-Tia College

**TERM 3
August 2017**

Taupo-nui-a-Tia
College
P O Box 549
Taupo 3351
Tel: +64 07 3761100
mail@taupocollege.ac.nz
www.taupocollege.ac.nz



Head Girl 2017
Chloe Jaques



Head Boy 2017
Bradley Martin



Deputy Head Girl
Chloe French



Deputy Head Boy
Connor Harrison

IN THIS ISSUE:

- From the Principal
- Term 3 Calendar
- Cornerstone Values
- Careers
- PTA News

Taupo-nui-a-Tia College
"Gateway to Your Future"



"Progress is impossible without change, and those who cannot change their minds cannot change anything"

George Bernard Shaw

Like most schools in New Zealand we are currently in the process of trialing new approaches to delivering our curriculum. Research is quite clear about the need for schools to make some changes to what we do and how we do it. All our young people will need to have the knowledge and skills to face the complex challenges of an increasingly technologically driven, rapidly changing world.

All year 9 and 10 students have completed a survey to give us some baseline data about student engagement and motivation at school. This term year 9 and 10 students will be exploring a shared theme across all subjects. The goal is to focus on *authentic learning and assessment* to increase engagement, extend knowledge and understanding and to develop thinking skills.

Both themes come from the government's 'National Science Challenges'. Year 9's will be investigating the theme 'Our Children are our Future', while the Year 10's will explore "Technological Innovation is Changing Our World".

We encourage the discussion of these themes to continue at home. Evidence from this trial will help to inform our curriculum review.

Authentic learning and assessment - typically focuses on real-world, complex problems and their solutions. Students who experience authentic learning activities develop the kinds of transferable skills that are important in any area of work or further study including:

- The patience to follow longer arguments.
- The ability to recognize important patterns in unfamiliar contexts.
- The flexibility to work across disciplinary and cultural boundaries to create innovative solutions.
- The judgement to distinguish reliable from unreliable information.

As a parent, some of the new approaches being trialed are far removed from what you were familiar with when you were at school. While the acquisition of knowledge is still important, it is allowing students to apply that knowledge in a range of contexts that is becoming increasingly important for our students future.

I have noticed a number of our students are regularly turning up late to school. Missing the first part of a lesson, every day has a negative effect on academic progress. It also causes disruption to classes that have settled down to work.

Cornerstone Values

- Honesty & Truthfulness
- Kindness
- Duty
- Compassion
- Responsibility
- Consideration & Concern for Others
- **Respect**
- Obedience

Calendar – Weeks 3 - 9 Term 3

August			
Mon	14		Week 4 (green)
Tues	15	ICAS Mathematics	
Wed	16	Assessment Week	
Thurs	17	Assessment Week	
Fri	18	Assessment Week , Whanau Day 2 Bookings Open	
Mon	21	Assessment Week	Week 5 (red)
Tues	22	Assessment Week	
Wed	23	Assessment Catchup	
Thurs	24	Assessment Catchup	
Fri	25	School Closes Early @ 1.00pm Student Course Selection – Kamar opens (Y9,Y10,Y11,Y12) Tough Guy/Girl Forestry Visit	
Sun	27	Shakespeare - Auckland	
Mon	28	Chess Tournament	Week 6 (green)
Tues	29	First Aid Courses – Waiora House	
Wed	30	12SOE Ski Trip	
Thurs	31	12SOE Ski Trip	
September			
Fri	1		
Mon	4	Winter Tournament Week (Netball, Girls Football, Hockey, Junior Boys Basketball)	Week 7 (red)
Tues	5	6pm - Open Evening	
Wed	6	12SOE MTB	
Thurs	7	12SOE MTB, Clay Target Shooting Creative Catwalk - Hall	
Fri	8	GNS 10/6	
Mon	11	Y13 Bio Trip to Hamilton Zoo	Week 8 (green)
Tues	12	6.30pm – 8.00pm Course Information Evening, 12SOE MTB	
Wed	13	12 SOE MTB	
Thurs	14	Big Music Day – Great Lake Centre, NZSS Swim Champs	
Fri	15	Whanau Day, Dance Extravaganza	
Mon	18	North Island Ski Champs	Week 9 (red)
Tues	19	MCAT Algebra Assessment 13ODL MTB	
Wed	20	13ODL MTB, HPP Millennium Institute Trip, 6pm Music Performance NCEA, Tuwharetoa Kapa Haka Festival Taupo	
Thurs	21	13ODL MTB, HPP Millennium Institute Trip, 6pm Music Performance NCEA Tuwharetoa Kapa Haka Festival Taupo	
Fri	22	13ODL MTB, HPP Millennium Institute Trip Tuwharetoa Kapa Haka Festival Taupo	

...continued from page 1

I would urge parents to support the college by ensuring their child is at school and ready to start at 8.40 am. Punctuality is a minimum expectation in the workforce so it is important we get our students into this habit early.

I would like to acknowledge the wonderful work our sports coaches and managers do on a weekly basis. Our students are fortunate to have so many dedicated teachers, parents and friends of the school in the Taupo-nui-a-Tia College community who are willing to give up their time to support so many different sports teams. Commendably some of our coaches have continued coaching long after their children have left school. Most Winter sports are ending over the next few weeks and we look forward to celebrating sport in the school at the Sports Awards at the end of this term.

A special thank you to our Sports Coordinator, Simone Stewart for providing so many sporting opportunities for our students.

Just as this newsletter was about to be printed we received the sad news that former head boy Gabriel Wharehinga passed away after a long battle with cancer. Gabe was Head Boy in 2015 and left a very big mark on this school. In his earlier years at college, he decided to step out of his comfort zone and try his hand at acting. This proved a very good decision, as he was a natural on stage. He played many leading roles both in the schools major productions and in Shakespeare productions. This fine young man will be missed by many – our thoughts and prayers are with his family.

Peter Moyle
Principal

Cornerstone Values

Taupo-nui-a-Tia College is an accredited Cornerstone Values school and was the first secondary school in the country to gain this accreditation. There are eight Cornerstone Values in total and every term we focus on one of these values. The eight values are: Honesty and Truthfulness, Kindness, Duty, Compassion, Responsibility, Consideration and Concern for Others, Respect and Obedience.

The Cornerstone Value for Term 3 is **Respect** which is defined as:

"Willingness to treat with courtesy; to hold in high regard; to honour; to care about yourself and others."

- Treat everyone you meet as if they were the most important person in the world.
- Make the most of yourself for that is all there is of you.
- Respectful behaviour is the oil that keeps a class working well.
- If you want to be respected, you must respect yourself.
- Treat others the way you would want to be treated.
- Respect the right to be listened to, learn and be safe in our classrooms.

As a parent you can be proud that your child is part of a Cornerstone Values school and we appreciate the support you give from home in emphasising these values.

If you are new to the school you will notice that the college is proud of its Cornerstone Values accreditation and displays the Cornerstone Values logo prominently.



HAVE YOU DOWNLOADED OUR SCHOOL APP YET?

NEVER MISS IMPORTANT SCHOOL INFORMATION AGAIN!



- * Events
- * Notices
- * Instant school messages
- * Absentee
- * Newsletters



Simple free download:
In the Play Store and App Store search 'Parent Teacher Calendar' and choose our school once installed.

Students' Success

Zenith

Congratulations to Aimee Nicol and Jonty Griffin for gaining Level 3 accreditation in the Zenith programme this term.

Duke of Edinburgh Hillary Award

Congratulations to Jack Logan and Patrick Robinson who have gained Silver Awards.

Congratulations to Jakob Larsen who gained a Bronze Award.

Principal's Award

The following students earned a Principal's Award for gaining 10 achievement vouchers:

Holly Yeoman	Sophie Howell	Kate Smith
Odelia Nortje	Keegan Delaney	Morgan Thaker
Claudia McKinstry	Annelise Donald	Natalie Keir
Isobel Tullett		

Year 9 / Year 10 Achievers Awards

The purpose of these awards is to encourage Year 9 and 10 students to get involved in school activities. Students receive Bronze, Silver, Gold and Platinum Awards as they advance through various levels of contribution to the categories of Cultural, Sports and Service to the School or Community. Congratulations to the following students who recently attained their Bronze and Silver Awards:

Year 9 Bronze

Odelia Nortje
Heath Elliott
Evangel Murray
John Morris
Jakob Hirtzel
Aana Watts
Morgan Thaker
Bryce Dobson
Annelise Donald
Arahia Kahura
Peter Te Kahu
Rhea Paalvast

Year 9 Bronze

Toby Rainford
Millie Thurston
Abbie Gamble
Joseph Sutherland
Greer McLaren

Year 10 Bronze

Scott Cracknell
Unique Kirkpatrick
Abigail Fox
Katie Donald
Gemma Seddon
Corban Nicol
Spencer Allen
Clair Brown
Lily Rutherford
Ayla Yeoman
Jhuliann Abella
Amy McLean

Year 10 Bronze

Jessie Read-Hatch
Kate Smith
Ashlee Stevens
Hanna Kilmister

Year 10 Silver

Scott Cracknell



BayTrust Clinic Times

Monday to Friday	9.00am – 3:30pm	Administrator, Fiona Primrose
Monday	10:00am – 11.45am	Dr Debbie Hughes
	9.00am – 3.20 pm	REAL Youth Workers – Leighton and Mel
Tuesday	9.00 am – 3.20 pm	Nurse – Claire Swindlehurst
	9.00 am – 12.30pm	REAL Psychologist - Michelle
Wednesday	9:00am – 3:20pm	Nurse Claire Swindlehurst
	8.40am - 3.20pm	Student Counsellor – Deidre Orford
Thursday	9.00am – 3.20pm	TUMT Drug & Alcohol Counselling
Friday	9:00am – 3:20pm	Nurse Claire Swindlehurst

Note – BayTrust main doors are closed for 10 minutes at 8.40am and after interval bells.

Board of Trustees Report

Vision:

All learners empowered to participate in our community – local, national and global.

Mission:

At Taupo-nui-a-Tia we actively: Model our values for self, community, environment; Connect to build a community of harmony and respect; Seek, use and create knowledge; Show resilience, enterprise, future-focus and creativity; Confidently grasp opportunity and manage risks.

I feel very fortunate to work alongside a committed and passionate group on the Board of Trustees. Your current 2017 Board of Trustee members are: Peter Moyle (Principal) Sharon Griffin (Chair), Lorraine Kerr, Dave Forsyth, Sue McLean, Matt Jensen, Kelly Owen, Craig Stephenson, Susan Henry (staff rep) and Matt Connon (student rep).

As the student elections are due in September, I would like to take this opportunity on behalf of the board to thank Matt Connon who has been our student representative for the last 2 years. I would like to congratulate Matt on his dedication, maturity and commitment he has shown, especially since he has been the first year 10 student to obtain this position. Well done Matt, we know you will continue to do well with whatever you decide to set your mind to.

We as a Board are working very hard to ensure the college has the best learning environment possible for our students. Alongside building the character of our students our primary goal is to improve student achievement. The Board recognises that critical to our students' preparation and learning is the effectiveness and quality of our teaching. At our monthly meetings we are monitoring our strategic and annual goals and are very impressed with the school wide focus of raising literacy levels and success at all NCEA levels.

There is always the debate about the pros and cons of our fast moving digital world, but on a positive note, we see more and more opportunities for students to access class notes through various mediums, communicate with teachers effectively, receive online help, gain assessment feedback, catch up on anything missed and be able to submit work easily. A big thank you to all our dedicated staff who often go above and beyond to make themselves available to provide extra support and tutorials. We encourage students to take advantage of all the wonderful opportunities provided at TNT.

Sharon Griffin
Chairman
Board of Trustees

Assessment for Learning

In its simplest form, 'Assessment for Learning' is about encouraging students to take an active interest in their own learning and empower students to achieve their potential. Much more than that, it also enables the students to participate in learning conversations as well as helping whanau, teachers and tutors to support the student's progression.

Taupo-nui-a-Tia College will be moving away from an NCEA style reporting system (not achieved, achieved, merit and excellence) for our junior cohort (year 9-10). We will start to use National Curriculum Levels (NCL) for juniors for two key reasons; it helps students understand how far they have progressed and enables the progression data to be analysed to identify students next steps more accurately. The system we have chosen aims to retain continuity between primary, intermediate and secondary education.

We will be sending more information out with regard to our new junior assessment and progression reporting systems as we move towards 2018.

Cognitive Processing or Auditory Processing Testing

The Empowered Learning Trust (ELT) has secured funding on behalf of our College and has been working at our school this term screening individual students to identify Cognitive Processing or Auditory Processing conditions. ELT use a programme called LASS (Lucid Assessment for Schools) which is used widely around the world. The testing takes around 1 hour and is conducted during class time.

Our heartfelt thanks for the generous support from the Empowered Learning Trust.



Driver Directions

Driver Directions is a free programme to support safe driving behavior's and practices for young drivers in the Taupo and Rotorua Districts.

This will be held on 3rd and 4th of October and 5th of December at the Bruce McLaren Motorsport Park.

Applications can be made through the Taupo District Council website under Driver Directions.

Further details are available from **Mr Ball**.



b & w
REAL ESTATE

is celebrating its
5th Birthday

*List and sell with us during this
celebration and be in a monthly draw to*

Move Free!

Call in or Call us for more details...

07 378 7668

www.bwrealestate.co.nz

75 Titiraupenga Street, Taupo

Promotion valid between August-December 2017. T&C's apply.

B&W Real Estate Limited MREINZ - Licensed Agent REAA 2008

Messages from the Office

EDUCATION OUTSIDE THE CLASSROOM

"Going on a school trip"?

A reminder.....when a permission slip is signed by a caregiver, they are responsible for making **full payment** before the student attends the chosen excursion.

This includes: Sporting trips, Physical Education, Outdoor Education, Music, Science, Geography, Drama, Social Studies, Technology trips just to name a few.

These trips are all self-funded, and if we do not receive payment your child will miss out, which would be unfortunate.



YEAR 10 CAMPS - 27th November – 1st December.

A booklet has been handed out to students with a chance for them to choose a number of camps. Some camps are very popular but can only cater for a limited number of students. If a camp becomes over subscribed a ballot will be held for those that have paid their deposit by the due date of 25th August 2017. A timeline is clearly set out in the booklet for paying the full amount. If you have any questions please don't hesitate to contact the school office.

SCHOOL FEES

Statements are posted or emailed twice a term. Course fees are for take home components and requirements for subjects your child is studying. Any uniform, stationery or field trips away from school (which includes sporting trips) must to be paid for once the permission slip is returned. These charges can **only be added** to your account if credit is available to cover the cost.



Caregivers are encouraged to set up regular automatic payments. As little as \$5.00 per week can reduce your child's account by \$260 a year. *Please give this some thought.* An AP form is available from the school office, or email accounts@taupocollege.ac.nz.

FINAL PAYMENT OF NZQA FEES IS PAYABLE ON THE **31ST AUGUST FOR 2017**

There is a standard annual fee of \$76.70, which students must pay to have their results recorded on their 'Record of Achievement' and for the awarding of qualifications. Candidates who do not pay fees will have their results released but the credits gained will not be used to award qualifications until the fees are paid.



The National Certificate of Educational Achievement (NCEA) is the main national qualification for secondary school students in New Zealand.

NCEA is recognised by employers, and used for selection by universities and polytechnics, both in New Zealand and overseas.

'Reminder'

School candidates may be eligible for **Financial Assistance**.

Financial assistance applications must be made to school and fees must be paid to our school by the **31st August**. Please remember to bring your community services card with you, to be copied in order to qualify for the reduction in NZQA fees, to \$20.00.

YEAR 9 ACTIVITIES – TERM 4 – WEEK 7

Watch this space for notification - four days of action filled fun! Please note the cost for Year 9 Activities week is \$100.

Study Tips

FOR STUDENTS

Choose a quiet, organised and well lit space to study. Know what you need to revise. Take brief study notes to help refresh your memory. Get together with friends and form study groups.

Put energy into revising. Balance study with free time and take breaks. Get plenty of sleep, especially the night before an exam.

Know the exam timetable and aim to arrive at least 20 minutes early. Know what you are allowed to take into the exams. Read the questions well.

Don't give up – better to try an answer rather than leave gaps. Watch the time to ensure you finish.

Practice past exam papers and compare answers on the NZQA site (www.nzqa.govt.nz). Take advantage of extra exam tutorials at school.

FOR PARENTS

Ask if there is anything you can do to help. Help them balance study and free time. Check they are well prepared and know when and where their exams are.

Ask how study is going. Keep an eye on stress levels. Talk about how the exam went.

Make sure your child is taking care of themselves by eating healthily and getting enough sleep. Talk to your child's teachers if you have any worries. Celebrate successes.

NZQA Derived Grade Information for candidates

A derived grade is a grade reported by a school, based on pre-existing authentic, standard specific evidence – in other words, work produced by the student during the year.

Who can apply for a derived grade? You can apply for a derived grade if you:

- attended an NZQA external examination session and believe your performance was significantly affected for an NZQA approved reason
- have been unable to attend an examination for an approved reason
- are unable to submit a completed portfolio (Design and Visual Communication, Technology, Level 3 Education for Sustainability or Level 3 Visual Arts) for an approved reason
- have been selected for national representation in a sport or approved activity. This has to be pre-approved by NZQA. Applications must be submitted to NZQA by 1 November.

Assessment/Exam Week

Students in Years 11, 12 and 13 will have derived grade exams and/or internal assessments. They have been given a personalised timetable.

Attendance is compulsory for all exams. Students will have study leave at home when they do not have a timetabled exam.

Students are required to wear full school uniform to exams.

Lottie's Loopy Knits

Knitting Group for Teenagers



If you are aged 13-17 and interested in learning a new skill then why not try your hand at knitting.

A great social group to make new friends and get creative.

Looking at running every second Tuesday evening from 7.15pm-8.30pm during term time. \$10 per week or \$45 for the block(group will commence when theres enough interest).

Contact Charlotte for more info: loopyknits@hotmail.com

02102707014

***Parents, Caregivers and Students,
you are invited to attend***



TAUPO-NUI-A-TIA COLLEGE PRESENTS

EARN WHILE YOU LEARN TRADE EXPO

Opportunities
Here

Situations
Vacant

**THURSDAY 10 AUGUST
TAUPO-NUI-A-TIA COLLEGE
DESIGN & INNOVATION CENTRE
5:30PM**

Come along and learn about the amazing opportunities available in trades & services.

Meet local employers. Make connections.

Learn about what's involved in an apprenticeship and where a trade can take you.

"We need more bright, young, motivated people learning awesome skills on the job."

Displays by Industry Training Organisations and local employers.

Refreshments will be provided

**Guest Speaker : Josh Williams
CEO of the Industry Training Federation**

This event is supported by:

**GOT A
TRADE?
GOT IT
MADE!™**



Reminders

School Leavers – Year 13 and 12

Remember to:

- a) **Prepare and update your CV.**
- b) **Set up a StudyLink account.**
- c) **Organise RealMe ID.**
- d) **Apply for Halls of Residence (Universities).**
- e) **Enrol for course/degree.**
- f) **Attend Open Days.**

These are all open now.

Please *see me for help* if you get stuck.

Student Loans and Allowances

StudyLink Information:

Students thinking about further study after they leave school have a lot of decisions to make. StudyLink's website is a great place to visit to get you thinking about what it will cost to live and study. StudyLink can help you work out if study is right for you and how you'll support yourself. How much money you may need to support yourself could surprise you.

Once you have made the decision to study it's a good idea to sign up to receive emails from StudyLink. This way you won't miss out on important information, like when to apply and documents you need to send.

We encourage students and families to check out the website - www.studylink.govt.nz

Helpful websites and resources for Parents and Students

1. "bulls-eye" online career planning tool

Ask to see your son's/daughter's career report if they are in Yrs 11 – 13. It is a great way to start a "career conversation".



2. MyBlueprint App – free

All your NCEA records, diary and career planner in one easy to use app.



3. SchoolLeaver.nz

Your tertiary training and job portal.

Answer questions such as:-

- What can I study?
- How do I train for that?
- How should I start looking for a job?
- How am I going to pay for my course?
- Can I get a scholarship or grant to help?



SchoolLeaver.nz

4. "giveME" – generosity NZ

All scholarships and grants available in New Zealand for tertiary study. TNT has the licence to use this and students can log on at school.



5. Careersnz

A wealth of information covering all aspects of careers in New Zealand and helpful hints as to how to choose a career pathway.



Subject Selection

In Term 3 students will be selecting subjects for the following year. To assist with this there is a very helpful guide at the rear of the Course Booklet titled "Suggested Subject Guide".

Any students are welcome to check with me just to ensure they are on track.

Happy Careering, Mrs Kay Grant - Careers Advisor

Starting tertiary study next year?

StudyLink provides financial support to students. Find out what kind of help you're eligible for and apply online to get sussed for your study.

Before you apply there are a few steps to make things easier.

1 Set up a RealMe verified identity

If you've got a New Zealand passport, birth certificate or citizenship certificate, all you need to do is:

- create a RealMe login
- verify your identity online
- go to a PostShop and get your photo taken.

Go to www.realme.govt.nz to get started today.

When you apply for your student allowance and loan, you can prove your identity without us having to see your passport or birth certificate.

2 Check out the cost of study

If you're going to tertiary study after you leave school, you'll need to suss out:

- what you'll study
- where you'll study
- what it'll cost
- how you'll pay for it and
- what those funding decisions will mean for you later in life.

It's never too early to start planning, go to www.studylink.govt.nz

3 Find out what support you can get

Before you apply online, use our eligibility test to work out what kind of help you're eligible for while you're studying.

Tips

- Go to 'starting study' on the StudyLink website to work out how much your study will cost.
- Sign up to get emails from StudyLink about applying for study.
- Apply before 16 December – you don't need to wait for your NCEA results!

Prove your identity online

Proving who you are is easier with a RealMe® verified identity.

Verify your identity to prove who you are without presenting ID – safely and securely online.

All you need to do is:

1. go to realme.govt.nz and log into your RealMe account
2. add the details from your passport, birth or citizenship certificate, or immigration documents to your RealMe account
3. visit a participating PostShop and get your photo taken – it's free.

We'll verify your details, and then you can choose to share them with any organisation that uses RealMe – simple!

RealMe is growing all the time. Right now, you can use it to:

- apply for a Student Allowance or Loan
- open a bank account
- enrol to vote
- apply for your first adult passport

RealMe



realme.govt.nz

SLFLYREALME March 2017

Powered by

New Zealand Government

New Zealand Post 

Parent to Parent Resource

Anxiety is heightened worry and stress, relating to intense feelings of uneasiness or fear in response to real or imagined threats.

***'Today is the tomorrow we worried about yesterday'* Author Unknown**

Anxiety is a response to stress that has both psychological and physical features. Anxiety prepares us to confront a crisis by putting the body on alert, this is known as the 'fight or flight response'. For an animal in the wild under threat, this physiological response enables them to prepare for fighting or fleeing. For people today, this need for a fight or flight response is generally not often necessary for survival. The physical effects of this can be counterproductive, such as, light-headedness, nausea, diarrhoea, and frequent urination. When anxiety persists, it can take a toll on our mental and physical health.

Someone once asked me, "Can you tell me what anxiety is like?" I replied, "Let me ask you a question – when you fall, how far do you fall until you stop?" "Until I hit the bottom" "Anxiety is the feeling of constantly falling, but not going anywhere, and not knowing where the bottom is. Anxiety is feeling your heart racing as your mind goes into free fall, and your body is bracing for the impact as you try and catch your breath, through the fog that hides your view. But the impact never happens and the fall never slows down. Anxiety is like trying to catch your breath as you fall as the weight of your past becomes the weight of your future. Anxiety is like being stalked by all your fears at once. It's that sudden fear of feeling you're a prisoner as you caress your past back to life, waiting for your tormentor to mock you, never knowing that the person tormenting you... is yourself. Anxiety often doesn't need a reason to come. It invites itself and stays without argument. Anxiety feeds on itself, and enjoys isolation". – Andre Jackson

Types and Symptoms of Anxiety Disorders:

- Generalised anxiety disorder – heightened worry about most aspects of daily life that lasts for six months or more. Often accompanied by muscle pain, fatigue, headaches, nausea, breathlessness and insomnia.
- Phobias – Unreasonable fear of specific things or situations, e.g. spiders (arachnophobia), being in crowds (agoraphobia), or being in enclosed spaces (claustrophobia).
- Social anxiety disorder (social phobia)- Overwhelming self-consciousness in ordinary social encounters, exaggerated by a feeling of being watched, judged, or embarrassed by others.
- Post-traumatic stress disorder (PTSD) – memories of an intense physical or emotional threat or injury, e.g. childhood abuse, combat, or an earthquake, in vivid dreams, flashbacks, or tormented recollections. Other symptoms could be sleeping or concentration difficulties, angry outbursts, emotional withdrawal, or an exaggerated startle response.
- Obsessive/compulsive disorder (OCD)-Obsessive thoughts and irrational fear accompanied by compulsive acts performed to alleviate the anxiety generated by the thoughts, e.g. repetitive hand washing.
- Panic Disorder-Recurrent times of unprompted feelings of terror or impending doom, accompanied by sweating, dizziness or weakness.

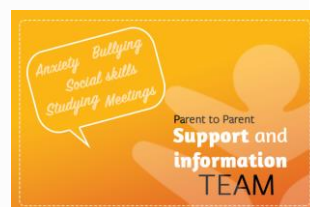
***'When I am anxious it is because I am living in the future. When I am depressed it is because I am living in the past.'* – Author Unknown**

For further information or support:

- Parent to Parent New Zealand (NZ): <https://parent2parent.org.nz/>
- Anxiety New Zealand: <http://www.anxiety.org.nz/> Anxiety Related Websites, Ministry of Health, NZ: <https://www.health.govt.nz/your-health/conditions-and-treatments/mental-health/anxiety> Support Groups, Mental Health Foundation of NZ: <https://www.mentalhealth.org.nz/get-help/in-crisis/support-groups/>
- Altogether Autism, NZ: <http://www.altogetherautism.org.nz/tag/anxiety/>
- Beyond Blue, Australia: <https://www.beyondblue.org.au/>
- AnxietyBC, Canada: <https://www.anxietybc.com/>

***'Fear is a darkroom where negatives develop.'* Usman B. Asif**

Article by Susan Findlay BTchg, Parent to Parent Information Officer



Course Selection for current Year 9 Students

2018 Course Selection Online

This year all students will make 2018 course selections online, at home or at school. You will still have a course selection interview with a senior member of staff as well to confirm your course.

Instructions:

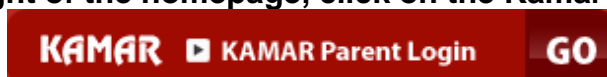
Before you begin this process, make sure you have chosen ALL your preferred subjects for **next year**. 2018 Year 10 have eight subjects, five are compulsory and three full year options. The compulsory subjects: Mathematics, English, Social Sciences, Science, Physical Education and Life Skills.



Go to the college website www.taupocollege.ac.nz



At the bottom right of the homepage, click on the Kamar Portal Login Tab.



Use your college network login username and password.



From the left hand side of the screen select **Course Selection**.



Use the scroll down tabs to make your selections. Ensure you make a selection in every box. There are five compulsory subjects. You will find the compulsory subjects in the first boxes.



For non-compulsory subjects, choose your subjects in order of priority, with most preferred subject first.



Make sure you select the correct year for the course that you choose, eg: 10MAO or 10RMW.



Save your selections.

NB: You will not be able to save unless you have made a selection in every box.

This facility will only be available from **3:30pm, Friday 25 August** through to **12 Noon on Monday 4 September**.

You can return to change your selections up until the 4 September.

Course Selection for current Year 10-12

2018 Course Selection Online

This year you are able to make your course selection online, at home or at school. You will still have a course selection interview with a senior member of staff as well to confirm your course.

Instructions:

Before you begin this process, make sure you have chosen ALL your preferred subjects for next year. 2018 Year 11 and 12 have six subjects, Year 13 have five subjects.



Go to the college website www.taupocollege.ac.nz



At the bottom right of the homepage, click on the Kamar Portal Login Tab.



Use your college network login username and password.



From the left hand side of the screen select Course Selection.



Use the scroll down tabs to make your selections. Ensure you make a selection in every box. There are some compulsory subjects such as English at Year 11 and Year 12. You must choose the appropriate level class for each subject, eg. 11EN1 or 11EN2. You will find the compulsory subjects in the first boxes.



For non-compulsory subjects, choose your subjects in order of priority, with most preferred subject first.



Make sure you select the correct year for the course that you choose, eg. 12MA1 or 11MA1.



Save your selections.

NB: You will not be able to save unless you have made a selection in every box.

This facility will only be available from **3:30pm, Friday 25 August** through to **12 Noon on Monday 4 September**.

You can return to change your selections up until the 4 September.

Spirit Week 2017



Spirit Week Results:

1 st Tauhara	884
2 nd Ngaruahoe	812
3 rd Ruapehu	809
4 th Tongariro	663



SGCNZ Young Shakespeare Company

As a part of the SGCNZ Young Shakespeare Company 2017, I was lucky enough to travel to England to study and perform at Shakespeare's Globe in London with 23 other amazing actors.

We worked alongside a number of very passionate teachers and educators in workshops that taught us specifically about movement, voice and song alongside the more detailed aspects that make up many of the performances at the Globe including jigs, specially made instruments, costuming and the theory behind Shakespeare's plays.

While we were lucky enough to be experiencing first class training through the Globe Theatre, we were also rigorously rehearsing Timothy Walker's take on Romeo and Juliet - that only after a 2 week rehearsal period, was performed on the Globe stage at 1 o'clock in the morning. Our director was tough and to the point but it is no doubt that it was his instruction and attitude towards us that we were all able to give the performance of our lives - for myself this was in the famous 'Balcony Scene' playing Juliet.



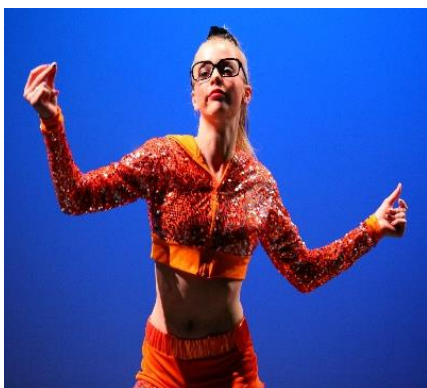
I feel incredibly blessed to have had such an amazing opportunity where I've had the chance to work alongside such generous and passionate like-minded people in an environment where I can be totally myself. I would like to thank everyone who has supported me from the very start and also to the very generous sponsors that helped make this trip possible - Lake Taupo Rotary Club, Taupo Youth Arts Trust and the TNT School Council.

Chloe Jaques

DanceNZMade

Come and support the TNT Dancers at DanceNZMade on **Wednesday 9th of August - 6.30pm** at the Great Lake Centre. 60 dancers will represent Taupo-nui-a-Tia College at the workshops and on stage!

We would love to see you there!



PTA News

Every year a new committee is elected for the school PTA. As usual, some stay on and some leave. Most leave when their children leave school or due to other commitments. We were sorry to see the past Chairman, Sharon Griffin, leave earlier this year due to her commitments to the Board of Trustees. We thank Sharon for her time, effort and outstanding organizational skills over the past few years. Good luck in your new position Shaz. We wish you all the best.

Thank you Roewyna for taking over the mantle – we wish you all the best, too. Thank you to all our new members. It is always good to see new faces.

If anyone would like to join the PTA please contact us through the school office 07 376 1100. We would like more members if you are interested.

YOUR 2017 PTA COMMITTEE

Roewyna Loughlin
Chairman



Kate Thomson
Treasurer



Alyson Murray
Secretary



Donna Johns
Member



Gillian Stephenson
Member



Sarah Poupard
Member



Matthew Whitbread-Edwards - Member



Shelley Hooper
Member



One of the ways we support the school with our fundraising events is by contributing funds to specific projects. After many months of fundraising we donated \$14,000 towards the seating and shade cloth area outside the English Block. The end product is beautiful – lovely curved seating, sail cloths to keep the sun and the rain off the students as they have lunch and watch whatever sport is happening on the courts. We hope the school will enjoy this area for many years to come.



PTA News continued

Apart from raising funds for projects we have also hosted/ helped out at a number of school events, the last two being:

- The Shakespeare Festival on the 10th April - was well-supported and showcased the amazing talents of our drama students. The PTA was there to provide drinks and snacks during the event.
- The Parent Evening on the 18th May was very informative. An overview of E-Learning (Google Classroom etc.) was given as well as an introduction to NCEA Level 1 (what it is, how it works, endorsements, standards, Internal/external credits, etc). Parents were also shown how to get the most out of the Kamar Portal. This is a very handy tool for keeping up-to-date with your child's work.

Thanks Taupo Businesses

A BIG THANK YOU for the generous support that the following Taupo businesses have given to our Technology Department for quite a number of years.

Without the kind help and support given to us by our local businesses we may not be able to offer the students the great opportunities that the College has to assist them in today's technological and competitive society.



Tenon Limited – Ross Johanson and Darryl Robinson

Mike Prior Saw Milling Limited – Mike Prior

Bunnings – Keith Walsh

Vistalite Taupo – Bronek Szpetnar

A & T Glass – Andrew McCullough

Roofing Industries Limited – Ivan and Caroline Cribb

Kiwi Adventure Tours – Peter Wilkinson

Hynds Pipe Systems – Darryl Watson

Contact Energy – Roseanne Jollands

Netball

The Prem's netball team will be competing at UNISS from September 4-8 in Auckland.

They would like to thank the following sponsors for their contribution toward uniform and tournament expenses:

- Ssangyong
- Taupo Mechanical Services
- Polished - Beauty - Body- Nails
- Hukafalls Jet
- Wairakei Resort
- TransDiesel
- AB Equipment
- The Warehouse
- Fullboar Limited
- Ariki Farms
- 52 on Rifle Motel



We appreciate the support you have shown us, and will carry this with us as we represent the school and community at the Upper North Island Secondary Schools tournament.

Seay Earthmovers Limited – Sports Pages

Sports Wrap – by Simone Stewart, Sports Coordinator

Our winter sports season is winding down with many of our teams involved in semi-finals and finals in the coming few weeks. Just around the corner we have the national winter tournament week where we will be represented by our netball, hockey, football, and basketball teams. Additionally, NZSS swimming, NISS snow sports, and NZSS cycling are coming up over the next term. Plenty of opportunities for our students to compete at the highest level.

CONGRATULATIONS

This week Year 12 student Max Duckworth gained a third placing in the Junior Boys category at the World Water Ski Racing Champs in Seattle. Congratulations Max and crew, we are extremely proud of you.



Multisport

We have had some outstanding Duathlon results in the past two weeks. Three Year 9 students took part in the Waikato / Bay of Plenty Duathlon Champs in Cambridge.

- Alex Brackenbury – 1st u/14 Boy
- Ben Raven – 2nd u/14 Boy
- Ivan Abele – 4th u/14 Boy

Following this, Alex travelled to Pukekohe for the National event along with Year 11 student Joep Lenoir. Both races were close, in particular the u/16 boys where there was less than a minute between 1st and 4th place.

- Alex Brackenbury – 3rd u/14 Boy
- Joep Lenoir – 4th u/16 Boy



Best of luck to Hannah Howell who is off to Penticton, Canada this month to compete in the World Aquathlon Championships representing New Zealand.

Squash

Our squash teams travelled to Palmerston North recently for their national tournament. Played over the three days, the tournament uses the Swiss draw format where teams move to the next round with a ranking dependent on how highly or lowly seeded their opposition was – one bad game can result in a significant drop in ranking instantly.

Our boys' team of Luke Steyn, Jordan Bowles, Connor Drysdale, Clay Drysdale, and Louis Wyatt entered the tournament ranked 24th, and finished in 27th place.

Our girls teams of Christina Beker, Mykayla Barnes, Hayley Whittaker, Molly Wyatt, and Alice Nash entered and exited the tournament with an 18th placing.



Shooting

The Taupo Clay Target Shooting Club Champs were held recently with a number of our students competing.

- Dylan Blake – 1st C Grade Point Score & 1st Junior Single Rise
- Jack Cunningham – 1st C Grade Single Rise
- Caitlin Simpson – HOA Single Rise



Mountain Biking

Our Mountain Bikers have been racing in the Rotorua Winter Series events. This past weekend saw Daniel Pietersma take out 3rd place in the Short-Course event. This was in a field of 146 riders which also included Max Voss, Hamish Hart, and Bryce Dobson who all raced well. Jak Brightwell rode well in the Long-Course event, and Corban Nicol, Fynn Raven, and Aidan Folger all got good results in the Mid-Course.

These follow on from very similar results in the July event. Each race attracts over 100 riders, and our students are consistently getting top-20 results against far more experienced riders. Good luck for the remaining events.

Rugby

Congratulations to our 2017 under 16 King Country Rugby Representatives:

Ben Creighton	Henry To'omalatai-Laben
Lucas Rajek	Te Oranga Haika
Reeve Satherley	Ben Wylie
Riley Hurihanganui	Ethan Asher
Jarvis Ali	Matty Stratford

The under 18's King Country squad will be named this Sunday.

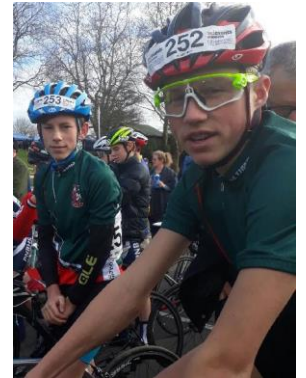


Cycling

Three of our cyclists travelled to Cambridge during the school holidays for the North Island Secondary Schools Road cycling event.

- Ben Raven – 31st u/15 Boy
- Alex Brackenbury – 25th u/15 Boy
- Jack Edwards – 28th u/17 Boy

Jack Edwards then followed up with a 23rd place in the u/17 Boys Criterium, and an 8th place in the u/17 Boys 3km Tempo Points Final on the track.



Netball

As the netball season comes to an end I would like to thank those parents and caregivers who coached, umpired and managed for the College teams.

We appreciate the time and effort you put into this. Renee Poupard Rupapera, Ceree Marshall, Libby Deadmen, Lilli-Lee Tupe, Toni Henry, Quanita Standon, Katiana Ngata, Helena De Young, Noaria Kapua represented the school at a secondary schools tournament in Rotorua on Sunday. They won five games and lost in the semi final to Cambridge High and came 3rd equal out of 24 teams.



Also thank you to all those girls who were committed to both training and games for the entire season. Some teams will have their final game on August 12 and those that are in the top 4 of their respective grades will finish on August 19. We wish those teams who play in semi-finals and finals all the best.

Once again thank you to all those who gave up their time to help out the College teams. **Barb Clarke**

Coming Up

All the best to our teams travelling to their respective national winter tournaments in the first week of September. Also our snow sports, swimming, and badminton teams who all have major events coming up over the next month.

With many of our winter sports winding down, our summer sports are getting underway with pre-season training. If you are unsure what is available, call past the sports office and learn about what we have on offer over the coming months.

CRATERS MULTI LAP RACE
4 MTB TRACKS + 4 HOURS
4 IN A TEAM!



THE GAMBLER

17TH SEPTEMBER 2017

**10AM - 2PM - CRATERS
 MTB PARK CAR PARK**

**FAMILIES + SCHOOLS
 TEAMS + THE HARD CORE
 4 IN A TEAM!**

Business House \$80 | Hard out Harrys \$80
 Family \$50 | School \$50 | Solo \$20

REGISTER ONLINE
MOUNTAINBIKETAUPO.ORG.NZ



WHEN MOUNTAIN BIKING + STRATEGY COLLIDE

WHAT'S YOUR STRATEGY? Collect points as you race around a selection of 4 different tracks 3.3km intermediate, 4.9km beginner, 5.9km advanced & 6.1km intermediate. Measured by strava

full information & to enter visit mountainbiketaupo.org.nz or facebook.com/TaupoMtb

